

Texas Native Forest Boardwalk

The children's activity path on the Texas Native Forest Boardwalk provides physical challenges which meet the TEKS Physical Education requirements for K-5.

Take the activity path starting at the south entrance:

Straddle Log
Giant Crawl Log
3 Balance Beam Logs
3 Hopping Steps
2 Balance Beam Logs
3 Hopping Rounds
3 Hopping Steps
3 Balance Beam Logs
4 Hopping Steps
Stepping Stone
Balance Beam
Straddle Log
Balance Beam Log
6 Hopping Steps
Straddle Log

How many of these animals can you find evidence of on the Boardwalk?



A flea can jump 200x its body length. With a partner, measure your length on the ground. Now jump from your feet to your head. How many of your body lengths can you jump?



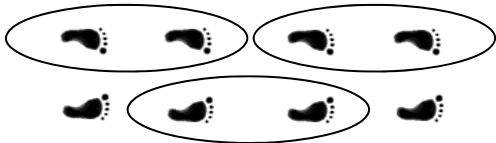
Walk like a...

- Raccoon** (feet flat on the ground)
- Coyote** (on tip toes)
- Deer** (on toenails- can you do it?)
- Tortoise** (shuffle feet slowly)
- Squirrel** (run, stop, run)

Move like a...caterpillar

Put 4 students together, in a line. With masking tape, put the 8 legs together as below.

#1 #2 #3 #4



Have a caterpillar race!



Fly like a...

- Fly** (arms in figure 8)
- Dragonfly** (flap alternate arms)
- Bee** (make big circles)
- Butterfly** (Flap and glide)
- Bat** (move wrist and wiggle fingers)
- Bird** (hands to shoulders, arms out, arms back, hands to shoulder)



Grade TEKS

- K 1(A-F); 2 (B); 3(A,B); 6(A,B); 7 (A-C)
- 1. 1(A-C,F); 3 (A-C); 6 (A,B); 7 (A-C)
- 2. 1(A-G); 2(A,B); 3(A-C); 7(A,B)
- 3. 1(A-D); 2 (A,B); 3(A,B); 6 (A,B); 7(A-C)
- 4. 1(A,E,F); 4(B); 7(A-D)
- 5. 1(D,E); 3(A); 7(A,B)



A sunflower turns its bloom to face the sun. Standing still, turn your face east to west.